

**GREAT BIG Trust
RECEIPTS AND PAYMENTS ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2015**

Charity No: SC037967

**GREAT BIG Trust
TRUSTEES ANNUAL REPORT AND ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2015**

Scottish Charity Number	SC037967
Current Trustees	Karen Campbell Heather Montieth Mary Winters Anne Shearer (deceased) Anne Traynor Kenneth Easdon Anne-Marie Gorman Lorraine Mahon Carol McIvor Margaret McKinney Gavin Thomson
Contact address	4 Craignienure 30 Shore Road PA23 7TL

Recruitment and appointment of Trustees

All of the charity's trustees are appointed or reappointed by the members at our Annual General Meeting.

Governing document

The trust is a charitable unincorporated association and the purposes and administration arrangements are set out in the constitution.

Charitable purposes

The purpose of the trust is to raise global awareness of the vital part Corrective Breathing has to play in physical, mental and emotional health.

Activities and Achievements

The Trust continues to enjoy and use the space it is renting at 17 Queens Crescent, Glasgow. The weekly programme where we offer correct breathing and relaxation workshops, Reiki share days, creativity support groups based on Julie Cameron's 'The Artist's Way', Metamorphique Process (head hands and feet) workshops, Qui Gong and Yoga sessions, is proving successful. The workshops are bringing in funds which help with the room rental and day-to-day running costs.

We ran an 'open afternoon' in March, the first of a planned series of 'open days' to enable the public and local community groups to experience what we are offering. Some 40 people attended and gave us good feedback.

We were also successful in gaining two small grant awards; one through the Scottish Foundation (£1,700) and the other from the Voluntary Action Fund (£1,000) to enable us to run more open days, help with the room rental, assist with volunteer expenses, admin and support services and printing. This money will be very useful in helping us further our work and enable more people to experience what we offer.

Lorraine Mahon and Anne Shearer continued carrying out work for the Trust in the Borders, and ran short 'home study' CPD courses to introduce people to Correct Breathing. It is with great sadness that we have to report that Anne (our Founding Trustee) died quite suddenly in June 2015. Though this is not within the timeline of the report (April 2014 - April 2015) it has to be mentioned as Anne was the powerhouse and visionary that enabled the Trust to form and develop. We acknowledge her wonderful work and will miss her humour, warm heart, energy and inspiration.

GREAT BIG Trust

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Activities and Achievements (continued)

We continue to network with local organisations and the local community, and plan to run the SCQF Level 7 Course 'Introduction to Correct Breathing in autumn of 2015.

Our medical advisor, Dr. Veronica McBurnie donated £300 and Heather has been running a correct breathing and stress reduction group fortnightly at Springburn Medical Centre where Veronica is in practice.

The Trust is now on a good footing, with a dedicated space to work from, funds which are increasing, a regular programme of activities on offer, and networking with more organisations and people.

Trustees remuneration and expenses

The trustees did not receive any remuneration during the year other than re-imbursed expenses.

Reserves

The charity secured 2 small grants during the year. Due to this a surplus of £ 3,469.
The balance of funds at 31 March 2015 is £ 3,751 of which £ 1,311 is unrestricted.

Approved by the Trustees and signed on their behalf on.....

Heather Monteith

6/12/15 Date

(3)

**GREAT BIG Trust
RECEIPTS AND PAYMENTS ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2015**

	2015	2014
	£	£
Receipts		
Grants Received	1,000	-
" Voluntary Action Fund"	1,700	-
"Scottish Foundation"		
Donations	300	-
Therapy Fees/Courses	623	317
Tapes/Books	-	69
Room Hire	415	-
Bank Interest	1	-
	<u>4,039</u>	<u>386</u>
Payments		
Stationery and Printing	-	276
Travel	50	390
Open Day	260	-
Insurance	95	95
Professional Services	-	300
Web site	-	94
sundry equipment	-	21
Hire of Accommodation	-	916
Subs	-	10
Total payments for charitable activities	<u>405</u>	<u>2,102</u>
Governance Costs		
Accounts and Bookkeeping	165	100
Total Payments	<u>570</u>	<u>2,202</u>
Surplus/ (Deficit) for Year	<u>3,469</u>	<u>(1,816)</u>

STATEMENT OF BALANCES AT 31 MARCH 2015

	2015	2013
	£	£
Bank and Cash		
Opening Balance	282	2,098
Surplus/ (Deficit) for Year	3,469	(1,816)
Closing Balances	<u>3,751</u>	<u>282</u>
Reserves		
General Funds	<u>3,751</u>	<u>282</u>

Included in the General Funds is a restricted amount of £ 2,440.

Approved by the Trustees and signed on their behalf
on

19.11.15

GREAT BIG Trust

Independent Examiner's Report to the Trustees of The GREAT BIG Trust

I report on the accounts of the charity for the year ended 31 March 2015 which are set out on page 3

Respective responsibilities of trustees and examiner

The charity trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect the requirements:

- > to keep accounting records in accordance with Section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
 - > to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations
- have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Peter Mulholland
Chartered Accountant
Millbank
Eddleston
EH45 8QP

19-Nov-15

Peter Mulholland