

**GREAT BIG Trust
RECEIPTS AND PAYMENTS ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2014**

Charity No: SC037967

GREAT BIG Trust
TRUSTEES ANNUAL REPORT AND ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2014

Scottish Charity Number

SC037967

Current Trustees

Karen Campbell
Heather Montieth
Mary Winters
Margaret McKinney (resigned)
Anne Shearer
Gavin Thomson (resigned)
Anne Traynor
Kenneth Easdon
Anne-Marie Gorman
Wilma Anderson (resigned)

Lorraine Mahon

Contact address

CAROL MCIVOR (NEW TRUSTEE) HM.
St Mungo's Rest
5/7 Station Road
Eddleston
Peebles
EH45 8QN

Recruitment and appointment of Trustees

All of the charity's trustees are appointed or reappointed by the members at our Annual General Meeting.

Governing document

The trust is a charitable unincorporated association and the purposes and administration arrangements are set out in the constitution.

Charitable purposes

The purpose of the trust is to raise global awareness of the vital part Corrective Breathing has to play in physical, mental and emotional health.

Activities and Achievements

The G.R.E.A.T. Big Trust recently took over the use of a room in Glasgow's West End, at the Theosophical building, 17 Queens Crescent, and is running a programme of weekly correct breathing and relaxation workshops, as well as Qi Gong and Yoga workshops. Our efforts during the year were directed at securing this base to work in and from which to develop our work.

The Trust is networking with organisations such as GCVS, Flourish House (an independent mental health charity), the Woodlands Garden, the Coach House Trust and Glasgow Life (libraries), and plans in the coming year to reach more organisations and run workshops in different settings.

A Correct Breathing Education Initiative has been started in Argyll, where a series of workshops have successfully been run in a selection of Cowal primary schools. Contact was also made with Tam Baillie, Scotland's Commissioner for Children and Young People, with a view to introducing our work to Scotland's children and young people.

A testimonial letter commending our work was received from the former Scottish Cabinet Secretary for Education and Lifelong Learning, Michael Russell MSP. We again had a stall at the Scottish Festival of Learning which attracted the interest of teachers and educators.

In the coming year the Trust plans to run it's SCQF Level 7 'Introduction to Correct Breathing' and Level 9 'Teaching of Correct Breathing' as well as a series of shorter one day and weekend courses, all of which we now are advertising on the Skills Development Website. We are also about to start a series of workshops in Springburn Health Centre, Glasgow.

We believe that this has been a valuable year in the grounding of our work within the community and different settings, and have applied for a series of small grants in order to help with the continuation and development of this work.

(2)

GREAT BIG Trust

TRUSTEES ANNUAL REPORT AND ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2014

Trustees remuneration and expenses

The trustees did not receive any remuneration during the year other than re-imbursed expenses.

Reserves

The charity did not receive any major funding during the year and as a result of this made a deficit of £ 1,816 . The balance of funds at 31 March 2014 is £ 282 all of which is unrestricted.

Approved by the Trustees and signed on their behalf on.....

7th December

2014

Date

Heather Monteith

(3)

**GREAT BIG Trust
RECEIPTS AND PAYMENTS ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2014**

	2014	2013
	£	£
Receipts		
Grants Received "The Bridge"	-	50
Donations	-	1,010
Therapy Fees/Courses	317	3,237
Tapes/Books	69	778
Bank Interest	-	4
	<u>386</u>	<u>5,079</u>
Payments		
Stationery and Printing	276	3,681
Travel	390	301
Adverts	-	1,452
Insurance	95	95
Training	-	70
Professional Services	300	1,630
Web site	94	-
sundry equipment	21	125
Hire of Accommodation	916	555
Volunteer Expenses	-	1,599
Subs	10	45
Sundry expenses	-	321
Total payments for charitable activities	<u>2,102</u>	<u>9,874</u>
Governance Costs		
Accounts and Bookkeeping	100	200
Total Payments	<u>2,202</u>	<u>9,874</u>
(Deficit)/ Surplus for Year	<u>(1,816)</u>	<u>(4,795)</u>

STATEMENT OF BALANCES AT 31 MARCH 2014

	2014	2013
	£	£
Bank and Cash		
Opening Balance	2,098	6,893
(Deficit)/ Surplus for Year	(1,816)	(4,795)
Closing Balances	<u>282</u>	<u>2,098</u>
Reserves		
General Funds	<u>282</u>	<u>2,098</u>

General Funds are all unrestricted.

Approved by the Trustees and signed on their behalf
on

.....

GREAT BIG Trust

Independent Examiner's Report to the Trustees of The GREAT BIG Trust

I report on the accounts of the charity for the year ended 31 March 2014 which are set out on page 3

Respective responsibilities of trustees and examiner

The charity trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect the requirements:

- > to keep accounting records in accordance with Section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
 - > to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations
- have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Peter Mulholland
Chartered Accountant
Millbank
Eddleston
EH45 8QP

Date 05 December 2014